

Pharmacy Update Dose Optimization Initiative

Effective November 14, 2013, the Medicaid Fee- for- Service program will institute a Dose Optimization initiative. Dose optimization can reduce prescription costs by reducing the number of pills a patient needs to take each day. The Department has identified drugs to be included in this program, the majority of which have FDA approval for once-a-day dosing, have multiple strengths available in correlating increments at similar costs and are currently being utilized above the recommended dosing frequency. Prior authorization (PA) will be required to obtain the following medication beyond the following limits:

Dose Optimization Chart**Cardiovascular****Angiotensin Receptor Blockers (ARBs)**

Brand Name	Dose Optimization Limitations		
Benicar 20mg	1 daily	Tablet	
Micardis 20mg, 40mg	1 daily	Tablet	
Diovan 40mg, 80mg, 160mg	1 daily	Tablet	

ARBs/ Calcium Channel Blockers

Brand Name	Dose Optimization Limitations		
Exforge 5-160mg	1 daily	Tablet	

ARBs/ Diuretics

Brand Name	Dose Optimization Limitations		
Benicar HCT 20-12.5mg	1 daily	Tablet	
Diovan HCT 80-12.5mg, 160-12.5mg	1 daily	Tablet	
Edarbyclor 40-12.5mg	1 daily	Tablet	
Micardis HCT 40-12.5mg, 80-12.5mg	1 daily	Tablet	

Beta Blockers

Brand Name	Dose Optimization Limitations		
Bystolic 2.5mg, 5mg, 10mg	1 daily	Tablet	
Coreg CR 20mg, 40mg	1 daily	Tablet	
Toprol XL 25mg, 50mg, 100mg	1 daily	Tablet	

HMG Co A Reductase Inhibitors

Brand Name	Dose Optimization Limitations		
Crestor 5mg, 10mg, 20mg	1 daily	Tablet	

Central Nervous System**Anticonvulsants - Second Generation**

Brand Name	Dose Optimization Limitations		
Lyrica 25mg, 50mg, 75mg, 100mg, 150 mg, 200mg	3 daily	Capsule	Electronic bypass for diagnosis of seizure disorder identified in medical claims data.
Lyrica 225mg, 300mg	2 daily	Capsule	

Antipsychotics- Second Generation			
Brand Name	Dose Optimization Limitations		
Abilify 2mg	4 daily	Tablet	In the case of dose titration for once daily medications, the Department will allow for multi-day dosing (up to 2 doses/daily) for titration purposes for 3 months.
Abilify 5mg, 10mg, 15mg	1 daily	Tablet	
Invega 1.5mg, 3mg	1 daily	Tablet	
Latuda 20mg, 40mg, 60mg	1 daily	Tablet	
Seroquel XR 50mg, 150mg, 200mg	1 daily	Tablet	
Symbyax 3-25mg, 6-25mg, 12-25mg	1 daily	Capsule	
Zyprexa Zydis 5mg, 10mg	1 daily	Tablet	
CNS Stimulants			
Brand Name	Dose Optimization Limitations		
Concerta ER 18mg, 27mg	1 daily	Tablet	
Focalin XR 5mg, 10mg, 15mg, 20mg	1 daily	Capsule	
Metadate CD 10mg, 20mg	1 daily	Capsule	
Provigil 100mg	1 daily	Tablet	
Ritalin LA 10mg, 20 mg	1 daily	Capsule	
Vyvanse 20mg, 30mg	1 daily	Capsule	
Non Ergot Dopamine Receptor Agonists			
Brand Name	Dose Optimization Limitations		
Requip XL 2mg, 4mg, 6mg	1 daily	Tablet	
Other Agents for Attention Deficit Hyperactivity Disorder (ADHD)			
Brand Name	Dose Optimization Limitations		
Intuniv 1mg, 2mg	1 daily	Tablet	
Strattera 40mg	1 daily	Capsule	
Sedative Hypnotics			
Brand Name	Dose Optimization Limitations		
Lunesta 1mg	1 daily	Tablet	
Serotonin-Norepinephrine Reuptake Inhibitors (SNRIs)			
Brand Name	Dose Optimization Limitations		
Effexor XR 37.5mg, 75mg	1 daily	Capsule	In the case of dose titration for once daily medications, the Department will allow for multi-day dosing (up to 2 doses/daily) for titration purposes for 3 months.
Pristiq ER 50mg	1 daily	Tablet	
Selective Serotonin Reuptake Inhibitors (SSRIs)			
Brand Name	Dose Optimization Limitations		
Lexapro 5mg, 10mg	1 daily	Tablet	In the case of dose titration for once daily medications, the Department will allow for multi-day dosing (up to 2 doses/daily) for titration purposes for 3 months.
Viibryd 10mg, 20mg	1 daily	Tablet	

Endocrine & Metabolic

DPP-4

Brand Name	Dose Optimization Limitations		
Januvia 25mg, 50mg	1 daily	Tablet	
Onglyza 2.5mg	1 daily	Tablet	

TZDs

Brand Name	Dose Optimization Limitations		
Actos 15mg	1 daily	Tablet	
Actoplus Met XR 15-1000mg	1 daily	Tablet	

Gastrointestinal

Proton Pump Inhibitors

Brand Name	Dose Optimization Limitations		
Dexilant 30mg	1 daily	Capsule	
Nexium 20mg	1 daily	Capsule	
Prevacid DR 15mg	1 daily	Capsule	

Renal and Genitourinary

Urinary Tract Antispasmodics

Brand Name	Dose Optimization Limitations		
Detrol LA 2mg	1 daily	Capsule	
Enablex 7.5mg	1 daily	Tablet	
Toviaz ER 4mg	1 daily	Tablet	
Vesicare 5mg	1 daily	Tablet	

Updated 11/06/13

System messaging has been developed to help guide the pharmacists to appropriately submit the claim or to refer to the prescriber. For claims that do not meet the daily dose limit, eMedNY point- of- service (POS) will return a rejected response (NCPDP field 511-FB) "85- Claim Not Processed", along with additional detailed "75" messages (NCPDP field 526-FQ):

- **75 A2- Use Higher Strength**
- **75 MD- Duration Criteria Failure****

****Note:** This message will display if the claim be submitted will exceed the 3 month titration period.

PA requirements are not dependent on the date a prescription is written. New prescriptions and refills on existing prescriptions require PA even if the prescription was written before the date the drug was determined to require PA.

To obtain PA, please call the prior authorization Clinical Call Center at (877) 309-9493. The Clinical Call Center is available 24 hours per day, 7 days per week with pharmacy technicians and pharmacists who will work with you, or your agent, to quickly obtain PA.

Medicaid enrolled prescribers with an active e-PACES account can initiate PA requests through the web-based application PAXpress®. The website for PAXpress is <https://paxpress.nypa.hidinc>